## **Health Enews**

## The True Meaning of Christmas

In today's day and time,

it's easy to lose sight,

of the true meaning of Christmas

and one special night.

When we go shopping,

we say "How much will it cost?"

Then the true meaning of Christmas,

somehow becomes lost.

Amidst the tinsel, glitter

and ribbons of gold,

we forget about the child,

born on a night so cold.

The children look for Santa in his big, red sleigh, never thinking of the child In reality, when we look into the night sky, we don't see a sleigh but a star, burning bright and high.

A faithful reminder, of that night so long ago, and of the child we call Jesus, whose love, the world would know.

By Brian K. Walters



